



## Tribe Shines at Easterns

Fresh off the trails in Europe, NDC member Erin Tribe placed an impressive 3<sup>rd</sup> place at the Eastern Canadian Championships in Cantley, Quebec (just outside of Ottawa) today. This was Tribe's first Senior Women's medal of her career and in the last 25m of the race she out-sprinted a former world cup starter in the process. Tribe said after her race, "I'm really pleased with my performance today. It was my first A-final in my senior career which brought on my first medal as a senior! I was so pumped when I crossed the finish line after sprinting as hard as I could to the line to squeeze out another skier. It was exciting to watch the rest of the team ski fast as well, all our hard work is paying off and everyone is in good spirits. It's been an awesome weekend so far!"

Andy Shields had another stellar performance today and continues to break new ground as he raced up a category and placed 4<sup>th</sup> as a senior man, just ahead of teammates Michael Somppi in 5<sup>th</sup> and Harry Seaton who placed 7<sup>th</sup>.

Andy commented after his race, "Going into today's race I knew my strongest event was the skate sprint. My goal was to ski well in the quarter final and hopefully make it to the B-final, so not only to make the A-final, but to miss the podium by a hair's-breadth in the senior category is really amazing! Not only was I having great performances this week, but the entire team is skiing so well. Everyone on the team qualified for the heats today which is incredible at such a high level event. Having really fast skis sure helped, but the NDC –Thunder Bay is really starting to lay down some spectacular results and it shows that NDC - Thunder Bay is the place to be for those who want top results on the Canadian stage. The rest of the season is looking really bright for us."



Head Coach Eric Bailey was very pleased with the team's results as they continue to ski faster and faster, almost every race. He quoted after the race, "What a fantastic day! NDC athletes were at the top of their game today. Our team put forth some great efforts, and for Andy, Mike, and Erin to perform so well only a week and a half after getting home from Europe goes to show the depth of their fitness right now."

Racing continues tomorrow with a long distance classic race. The skiers will start pursuit style based on combined times from the last two events. Full results can be found on [www.zone4.ca](http://www.zone4.ca)

--

*Amanda Holdsworth*  
Team Manager  
National Development Centre - Thunder Bay  
(807) 626-2224  
[www.ntdc-tbay.on.ca](http://www.ntdc-tbay.on.ca)